

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>1. CEREALES Y DERIVADOS</b>	221.603	107.558	420.80	1,530	99.75	222.134	107.14	210.05	283.00	420.80
<b>1.1 CEREALES EN GRANO Y MOLIDOS</b>	22.608	39.123	104.48	719	46.91	48.198	45.06	38.00	79.64	133.21
Arroz	13.301	29.735	90.00	321	20.96	63.453	32.19	63.54	89.86	106.27
Gofio	0.064	1.371	0.00	3	0.23	27.667	8.02	27.00	36.00	36.00
Harina de arroz	0.316	1.556	1.21	78	5.11	6.185	3.33	5.90	8.41	12.05
Harina y sémola de maíz	0.127	4.173	0.00	3	0.22	55.000	82.31	10.00	150.00	150.00
Harina y sémola de trigo	8.769	24.992	62.44	419	27.35	32.048	39.23	12.92	53.52	111.50
Mijo	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Otros cereales	0.031	1.115	0.00	1	0.07	40.000	0.00	40.00	40.00	40.00
<b>1.2 PAN Y PRODUCTOS SIMILARES</b>	116.554	90.178	300.00	1,443	94.10	123.861	87.96	105.00	164.86	300.00
Biscote integral	0.209	2.359	0.00	15	0.98	21.205	11.34	18.00	29.16	45.00
Biscotes	0.269	2.314	0.00	25	1.62	16.503	7.93	16.00	23.16	37.93
Pan blanco de trigo	89.970	89.298	260.00	1,263	82.35	109.244	87.04	96.00	147.29	300.00
Pan con otros ingredientes	0.042	1.453	0.00	1	0.08	50.000	0.00	50.00	50.00	50.00
Pan de molde, de hamburguesa y similar	18.703	30.414	92.00	527	34.38	54.398	27.36	46.00	69.00	102.00
Pan de otro cereal	1.395	15.269	0.00	22	1.47	94.487	85.51	61.21	130.51	320.00
Pan de pita	0.548	6.508	0.00	13	0.87	62.769	31.97	70.00	70.00	140.00
Pan integral de trigo	3.125	22.185	0.00	44	2.90	107.683	76.28	90.00	171.22	250.00
Pan sin gluten	0.300	5.734	0.00	5	0.33	88.766	48.29	87.57	137.57	150.00
Picos, colines regañás, crackers	0.865	6.114	0.00	58	3.83	22.523	22.22	14.00	28.00	83.79
Tortitas de cereales	1.130	8.376	0.00	40	2.65	42.527	30.02	36.00	60.00	120.00
<b>1.3 PASTA Y SIMILARES</b>	21.078	41.084	103.79	571	37.22	56.628	50.23	50.25	75.38	126.63
Fideos chinos	0.140	2.976	0.00	3	0.24	58.333	20.21	70.00	70.00	70.00
Pasta	20.841	40.949	103.13	566	36.90	56.471	50.33	50.25	75.38	126.63
Ñoqui	0.097	3.485	0.00	1	0.07	125.000	0.00	125.00	125.00	125.00

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<b>1.4 BOLLERIA</b>	49.132	60.445	165.00	962	62.75	78.297	59.49	60.00	100.00	194.53
Bizcocho de chocolate	3.183	18.581	0.00	57	3.74	85.018	47.94	75.00	100.44	209.79
Bizcochos	5.359	21.716	45.00	114	7.47	71.734	39.50	70.00	90.00	150.37
Bollo	0.302	6.489	0.00	3	0.23	130.000	43.59	150.00	160.00	160.00
Bollo con chocolate	0.249	3.355	0.00	9	0.62	39.712	16.03	34.00	34.00	80.00
Bollo de hojaldre	0.326	5.176	0.00	8	0.57	56.495	40.70	35.00	90.00	120.00
Bollo de hojaldre con chocolate	0.733	7.793	0.00	15	0.97	74.939	26.23	90.00	90.00	100.00
Brioche, pan de leche	2.775	17.289	0.00	48	3.13	88.461	44.56	80.00	140.00	190.00
Brioche, pan de leche con chocolate	0.590	6.379	0.00	13	0.86	68.229	9.64	70.00	70.00	80.00
Churros y porras	0.506	6.763	0.00	16	1.05	47.801	46.81	27.00	65.77	144.00
Croissant, napolitana	2.590	14.177	0.00	59	3.88	66.615	30.28	70.00	78.07	140.00
Croissant, napolitana de chocolate	1.290	10.287	0.00	27	1.76	73.212	27.64	70.00	80.00	136.69
Donuts, rosquillas	1.652	10.743	0.00	45	2.93	56.350	29.53	48.00	80.00	112.00
Donuts, rosquillas de chocolate	0.268	4.046	0.00	7	0.48	55.775	19.02	48.00	52.89	96.00
Ensamada	0.338	5.235	0.00	8	0.56	59.383	38.48	50.00	70.00	140.00
Galletas con chocolate	4.570	16.334	45.00	153	9.97	45.809	28.08	45.00	60.00	90.00
Galletas con nata y chocolate	0.640	6.791	0.00	18	1.21	52.737	33.31	36.00	74.10	150.00
Galletas integrales	1.285	9.786	0.00	32	2.11	60.752	30.67	60.00	90.00	120.00
Galletas integrales con chocolate	0.361	6.631	0.00	11	0.72	49.775	62.93	26.00	44.00	220.00
Galletas sencillas, barquillos	9.878	22.638	60.00	358	23.38	42.236	28.73	36.00	60.00	97.04
Gofre	0.129	3.512	0.00	2	0.16	76.500	54.45	76.50	115.00	115.00
Madalenas, mantecados	5.488	18.814	58.00	151	9.86	55.589	28.34	58.00	58.00	116.00
Otras galletas	0.172	2.646	0.00	7	0.47	35.928	14.40	41.68	48.00	48.00
Pepitos, buñuelos y similares	0.819	8.974	0.00	13	0.89	91.753	26.90	90.00	110.00	150.00
Tartas y pasteles	2.758	18.425	0.00	39	2.60	105.967	46.37	90.00	120.00	218.74
Torta de aceite	0.990	13.311	0.00	9	0.64	153.100	67.52	116.50	233.00	233.00
Tortita (pancake), Creps	1.884	17.817	0.00	27	1.78	105.549	84.20	100.00	113.72	381.96

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<b>1.5 CEREALES DE DESAYUNO</b>	12.229	25.259	60.00	442	28.87	42.360	30.56	38.00	53.00	100.00
Barritas de cereales	0.278	2.819	0.00	16	1.05	26.362	8.39	23.00	23.00	46.00
Cereales con chocolate	5.333	17.251	45.00	193	12.61	42.284	28.28	38.00	60.00	100.00
Cereales de desayuno de maíz	2.216	11.450	10.00	84	5.52	40.115	29.35	37.41	50.00	107.63
Cereales de desayuno de trigo	2.626	12.511	18.86	102	6.68	39.266	30.15	35.93	50.00	100.00
Otros cereales de desayuno	1.777	11.017	0.00	69	4.51	39.326	35.01	30.00	50.00	125.00
<b>2. VEGETALES Y DERIVADOS</b>	173.586	146.947	460.55	1,488	97.02	178.914	145.95	147.20	253.92	466.46
<b>2.1 BULBOS</b>	11.827	17.685	41.01	1,146	74.71	15.830	18.85	11.05	20.00	45.26
Ajo, Ajete	1.161	1.902	4.00	857	55.92	2.076	2.14	1.64	2.80	4.66
Cebolla, Cebolleta	10.666	17.070	37.87	1,064	69.40	15.367	18.64	10.20	19.73	41.91
<b>2.2 VEGETALES DE FRUTO</b>	37.057	70.457	156.58	918	59.85	61.919	82.20	35.43	75.00	207.46
Berenjena	0.836	10.133	0.00	22	1.44	58.042	63.12	27.77	110.50	221.00
Calabacín	3.310	16.330	18.00	119	7.75	42.656	42.08	31.06	54.00	140.00
Calabaza	0.457	5.928	0.00	28	1.84	24.797	36.73	14.00	24.63	138.00
Pepino	1.996	11.230	7.45	83	5.41	36.873	32.49	24.00	48.00	97.84
Pimiento	4.739	25.493	16.50	404	26.35	17.978	47.24	6.23	11.70	77.84
Tomate	25.720	51.008	140.78	674	43.97	58.495	63.26	42.90	70.50	188.00
<b>2.3 VEGETALES DE HOJA</b>	24.944	46.442	114.20	681	44.44	56.119	55.72	34.26	92.70	171.30
Acelgas, grelos	2.596	19.933	0.00	71	4.64	55.923	75.17	16.06	100.00	200.00
Berros y canónigos	0.229	2.500	0.00	16	1.04	21.876	11.45	20.09	30.00	45.00
Berza, repollo, col, lombarda	1.726	12.323	5.96	91	5.94	29.042	42.18	17.58	22.44	156.99
Espinaca	1.975	20.377	0.00	46	3.05	64.685	98.71	15.00	63.00	287.50
Lechuga, endivia, escarola	18.418	36.007	103.64	555	36.19	50.892	43.94	37.41	85.65	114.30

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<b>2.4 VEGETALES DE TALLO</b>	2.535	10.895	10.66	306	19.95	12.702	21.61	6.72	10.65	51.17
Alcachofa	0.521	5.743	0.00	16	1.04	49.835	27.23	46.00	59.29	108.00
Apio	0.180	1.255	0.00	54	3.54	5.065	4.47	4.30	6.51	10.00
Borraja	0.213	5.128	0.00	3	0.23	91.667	66.40	130.00	130.00	130.00
Esparrago triguero	0.317	4.558	0.00	10	0.71	44.648	32.33	40.00	70.58	100.00
Puerro	1.305	5.319	8.86	276	18.03	7.236	10.69	5.33	9.60	14.51
<b>2.5 HONGOS</b>	2.123	17.164	0.00	50	3.28	64.585	70.87	34.00	100.00	200.00
Setas, champiñones	2.123	17.164	0.00	50	3.28	64.585	70.87	34.00	100.00	200.00
<b>2.6 RAICES Y TUBERCULOS NO FECULENTOS</b>	9.500	25.028	42.39	635	41.42	22.937	34.71	14.37	21.88	73.57
Nabo, rabanitos	0.434	3.309	0.00	38	2.49	17.430	12.11	16.70	25.05	36.85
Remolacha	0.222	5.439	0.00	12	0.82	26.769	55.65	10.00	15.00	185.00
Zanahoria	8.844	22.148	36.74	631	41.17	21.480	30.34	14.37	21.33	69.52
<b>2.7 RAICES Y TUBERCULOS FECULENTOS</b>	60.676	81.582	221.76	874	56.98	106.476	82.48	83.00	148.22	259.20
Batata	0.076	2.616	0.00	1	0.08	90.000	0.00	90.00	90.00	90.00
Patata	60.508	81.621	221.76	867	56.57	106.945	82.51	83.52	148.22	259.24
Puré de patata en polvo	0.092	1.448	0.00	7	0.48	18.961	9.25	18.00	19.47	36.00
<b>2.8 OTROS VEGETALES</b>	10.189	36.015	93.20	174	11.36	89.644	65.63	68.38	139.81	200.00
Brócoli, coliflor	1.706	15.332	0.00	28	1.85	92.175	67.16	90.00	146.90	200.00
Judías verdes	8.483	33.012	68.25	147	9.59	88.371	65.70	68.38	139.80	200.00
<b>2.9 HIERBAS AROMATICAS, FRESCAS</b>	0.057	0.508	0.00	23	1.52	3.707	1.88	3.50	6.00	6.00
Perejil	0.057	0.508	0.00	23	1.52	3.707	1.88	3.50	6.00	6.00

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<b>2.10 VEGETALES PROCESADOS</b>	14.680	41.971	104.50	483	31.54	46.540	64.09	15.00	64.41	176.00
Esparrago en conserva	1.347	10.846	0.00	39	2.54	52.921	44.03	36.00	92.00	151.50
Maíz dulce en lata	1.176	6.059	8.00	93	6.11	19.228	15.99	15.00	23.19	60.00
Mezcla de verduras	3.204	22.567	0.00	44	2.92	109.506	76.73	100.00	130.00	300.00
Pepinillos en vinagre	0.157	2.133	0.00	15	0.97	16.093	14.97	12.19	19.40	60.00
Pure de verduras	2.988	24.230	0.00	31	2.07	143.509	90.93	132.00	198.00	340.67
Tomate en conserva	5.808	23.500	22.02	326	21.29	27.269	44.86	10.00	19.49	117.33
<b>3. LEGUMBRES, FRUTOS SECOS, SEMILLAS OLEAGINOSAS Y ESPECIAS</b>	17.733	36.332	94.47	675	44.06	40.248	45.73	20.00	62.40	118.53
<b>3.1 LEGUMBRES</b>	15.739	35.618	91.94	480	31.30	50.275	48.15	38.58	76.19	139.15
<b>3.1.1 LEGUMBRES Y SEMILLAS FRESCAS</b>	3.259	17.416	13.95	167	13.49	24.196	41.86	12.67	17.25	100.00
Guisantes frescos	3.144	17.262	13.75	201	13.14	23.911	42.16	12.60	16.97	100.00
Otras legumbres frescas	0.116	2.450	0.00	6	0.40	28.881	28.18	20.00	54.15	75.00
<b>3.1.2 LEGUMBRES SECAS</b>	12.480	31.562	91.52	242	19.56	63.924	42.62	56.00	91.52	169.62
Alubias / judías	1.565	11.419	0.00	42	2.79	56.019	40.64	48.16	83.00	137.51
Garbanzos	3.469	16.033	31.16	109	7.14	48.569	37.67	42.40	63.84	101.67
Lentejas	7.445	26.356	73.63	147	9.58	77.671	42.42	73.63	91.94	177.00
<b>3.2 FRUTOS SECOS</b>	1.077	6.504	4.10	80	5.26	20.466	20.30	15.00	20.00	81.48
Almendras	0.241	2.078	0.00	24	1.61	14.994	6.99	15.00	18.13	31.81
Avellanas	0.076	1.079	0.00	10	0.69	10.904	7.27	15.00	15.42	22.50
Nueces	0.400	3.950	0.00	36	2.36	16.878	19.77	14.00	15.00	70.17
Otros frutos secos	0.269	4.275	0.00	10	0.65	41.084	35.22	36.88	81.87	84.00
Pistachos	0.064	1.503	0.00	3	0.24	27.333	18.58	36.00	40.00	40.00
Piñones	0.027	0.464	0.00	6	0.40	6.673	3.22	6.00	8.89	12.00

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<b>3.3 SEMILLAS OLEAGINOSAS</b>	0.375	2.214	0.00	48	3.17	11.807	4.44	13.00	14.92	22.00
Cacahuetes	0.168	1.394	0.00	24	1.56	10.730	3.35	13.00	13.00	15.00
Otras semillas oleaginosas	0.019	0.367	0.00	4	0.31	6.241	2.43	5.00	8.70	10.00
Pipas de girasol	0.188	1.695	0.00	21	1.38	13.615	5.15	16.00	16.00	22.00
<b>3.4 ESPECIAS</b>	0.522	1.733	3.78	178	11.65	4.476	2.84	3.78	5.44	12.15
Canela	0.028	0.533	0.00	13	0.88	3.190	4.87	1.00	2.50	15.00
Oregano	0.443	1.556	3.78	150	9.81	4.514	2.51	3.78	5.40	12.03
Otras especias	0.051	0.541	0.00	18	1.20	4.203	2.68	3.00	5.00	10.00
<b>3.5 LEGUMBRES, FRUTOS SECOS, SEMILLAS</b>	0.020	0.516	0.00	2	0.16	12.500	3.54	12.50	15.00	15.00
Alubias / judías en conserva	0.008	0.278	0.00	1	0.07	10.000	0.00	10.00	10.00	10.00
Peladillas, conguitos	0.013	0.435	0.00	1	0.08	15.000	0.00	15.00	15.00	15.00
<b>4. CARNE Y DERIVADOS</b>	147.810	106.538	357.00	1,482	96.66	152.910	104.70	133.91	205.00	358.75
<b>4.1 CARNE DE AVE</b>	45.459	75.465	202.22	678	44.25	102.716	83.60	81.00	141.01	260.00
Carne De Pavo	2.503	19.679	0.00	33	2.15	116.068	70.08	100.00	160.00	261.28
Carne De Pollo Y Gallina	42.956	73.568	200.00	654	42.65	100.688	82.92	80.72	132.95	256.76
<b>4.2 CARNE DE MAMIFERO</b>	68.392	74.626	208.16	1,156	75.37	90.741	73.22	70.11	125.00	222.71
<b>4.2.1 CARNE FRESCA</b>	45.250	68.197	193.33	582	46.81	96.664	70.47	87.54	135.00	210.93
Carne de caballo	0.116	4.162	0.00	1	0.07	150.000	0.00	150.00	150.00	150.00
Carne de cerdo	15.124	40.151	100.00	302	19.68	76.833	58.77	59.10	100.00	200.00
Carne de conejo	0.553	7.807	0.00	11	0.73	74.927	54.25	64.00	99.40	200.00
Carne de cordero	1.518	14.371	0.00	22	1.44	104.772	59.93	100.00	150.00	250.00
Carne de vacuno	26.882	55.481	145.10	469	30.63	87.756	68.63	71.37	120.96	207.12
Cerdo y ternera carne picada	1.059	10.845	0.00	19	1.27	82.810	50.53	100.00	100.00	200.00
<b>4.2.2 CARNE CURADA</b>	23.142	36.903	100.00	601	48.44	47.802	40.43	40.00	60.30	133.02
Bacon y panceta	1.624	8.728	4.58	128	8.34	19.464	23.87	7.67	27.00	60.00
Cecina	0.123	3.509	0.00	2	0.15	80.000	56.57	80.00	120.00	120.00
Chuleta de sajonia	0.428	7.074	0.00	6	0.40	104.955	39.44	123.84	135.92	150.44
Jamón cocido	6.876	18.790	50.00	289	18.84	36.483	28.19	25.00	50.00	100.00
Jamón pavo	0.138	1.732	0.00	10	0.65	21.165	4.03	24.00	24.00	24.00

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Jamón serrano	10.487	24.982	60.00	365	23.79	44.075	33.82	40.00	60.00	113.51
Lacón	0.021	0.725	0.00	1	0.08	25.000	0.00	25.00	25.00	25.00
Lomo de cerdo adobado	2.538	14.799	0.00	59	3.89	65.148	39.56	50.00	100.00	150.00
Lomo embuchado	0.908	5.789	0.00	47	3.08	29.440	15.85	25.00	35.68	70.00
<b>4.3 VISCERAS</b>	0.732	11.062	0.00	11	0.73	99.985	86.21	75.00	153.83	280.00
Casquería en general	0.732	11.062	0.00	11	0.73	99.985	86.21	75.00	153.83	280.00
<b>4.4 FIAMBRES Y EMBUTIDOS</b>	31.790	47.734	129.60	827	53.95	58.916	51.23	46.00	75.46	150.00
Butifarra	0.521	7.830	0.00	11	0.73	70.698	60.63	35.85	151.53	153.90
Chorizo, chistorra	4.244	11.744	30.00	299	19.54	21.711	18.08	15.84	30.00	54.26
Fiambre de pavo	5.442	24.361	36.00	153	9.94	54.543	57.33	36.00	70.00	140.00
Fuet, longaniza, salchichón	3.325	13.450	30.00	130	8.51	39.047	27.09	40.00	48.00	80.47
Jamón york	8.195	21.532	50.00	251	16.34	50.016	27.18	50.00	50.00	100.00
Morcilla	0.402	5.384	0.00	20	1.31	30.708	36.76	20.00	42.11	145.00
Mortadela, chopped	1.059	7.336	0.00	43	2.81	37.570	23.45	30.00	40.00	88.80
Salami	0.674	6.374	0.00	21	1.41	47.669	25.72	39.00	54.03	114.00
Salchichas cocidas	4.564	21.067	45.00	98	6.40	71.280	46.83	46.00	92.00	175.48
Salchichas frescas	3.365	21.379	0.00	47	3.10	108.536	58.20	105.00	159.37	210.00
<b>4.5 OTROS PRODUCTOS CARNICOS</b>	1.435	7.612	0.00	70	4.57	31.385	18.19	30.00	40.00	62.00
Foie gras	0.305	3.856	0.00	12	0.73	38.487	20.95	30.00	41.38	90.00
Otros Pates (carne, Ave)	0.218	3.515	0.00	7	0.44	44.917	25.03	42.50	63.95	85.00
Pate de hígado de cerdo	0.786	5.353	0.00	40	2.64	29.739	15.12	30.00	30.45	60.00
Sobrasada	0.127	1.832	0.00	10	0.64	19.403	12.39	16.00	20.90	50.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>5. PESCADO</b>	44.915	72.946	200.00	659	43.00	104.441	78.47	90.00	150.00	252.00
<b>5.1 PESCADO FRESCO</b>	38.480	69.707	190.65	490	31.96	120.389	73.09	113.00	157.76	264.95
Abadejo	0.084	2.899	0.00	1	0.08	100.000	0.00	100.00	100.00	100.00
Bacaladilla	0.527	8.689	0.00	6	0.39	135.805	36.03	116.00	163.46	200.00
Bacalao fresco	2.193	18.461	0.00	24	1.61	136.273	54.96	135.00	150.00	300.00
Bonito, atún	3.196	18.468	10.32	96	6.28	50.869	55.05	25.31	72.64	179.84
Boquerón, anchoa	0.505	5.864	0.00	13	0.88	57.132	26.54	49.00	88.00	88.20
Caballa	0.321	5.629	0.00	6	0.39	81.582	41.11	60.00	126.30	135.00
Cazón, marrajo	0.456	7.793	0.00	6	0.39	114.297	51.19	100.00	165.27	180.00
Dorada	1.070	14.361	0.00	10	0.66	160.327	76.96	121.00	224.37	300.00
Emperador, pez espada	2.493	21.105	0.00	23	1.55	160.567	58.61	180.00	212.00	235.00
Gallo	1.415	13.653	0.00	18	1.21	115.884	45.82	101.92	156.80	200.00
Lenguadina, lenguado y similares	1.760	15.119	0.00	28	1.84	95.511	59.72	91.32	116.03	227.50
Lubina	0.888	11.699	0.00	9	0.63	139.921	48.25	123.04	179.56	225.12
Merluza, pescadilla	15.604	49.262	126.86	180	11.78	132.418	71.69	113.13	180.00	270.00
Mero	0.583	6.729	0.00	16	1.04	55.680	36.60	42.24	76.80	146.89
Otros Pescados (fletan, Halibut, Jurel, Faneca)	0.039	1.387	0.00	1	0.07	50.000	0.00	50.00	50.00	50.00
Palometa	0.428	9.853	0.00	3	0.24	177.083	118.97	168.75	300.00	300.00
Panga	0.539	9.503	0.00	5	0.33	162.990	31.71	163.35	193.47	200.00
Perca	0.469	9.868	0.00	3	0.24	190.000	69.28	150.00	270.00	270.00
Pescado N.e.	0.560	9.162	0.00	6	0.40	139.266	43.21	150.00	180.00	180.00
Rape	0.962	12.515	0.00	13	0.88	109.602	79.98	100.00	180.00	243.00
Rodaballo	0.117	4.182	0.00	1	0.07	150.000	0.00	150.00	150.00	150.00
Rosada	0.178	4.527	0.00	2	0.15	115.000	7.07	115.00	120.00	120.00
Salmon	3.195	22.807	0.00	33	2.17	146.998	53.51	150.00	184.00	246.38
Sardina	0.535	7.138	0.00	10	0.65	80.970	36.45	70.57	99.89	157.08
Trucha	0.365	7.095	0.00	5	0.33	110.330	62.11	100.86	176.98	190.80



## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>5.2 PESCADO PROCESADO Y EN CONSERVA</b>	6.434	20.480	52.00	249	16.23	39.623	35.65	31.10	52.00	99.11
Anchoas en conserva	0.089	2.525	0.00	2	0.16	54.000	42.43	54.00	84.00	84.00
Atún al natural, en escabeche	0.710	6.156	0.00	22	1.46	48.365	16.99	52.00	52.00	92.00
Atún o bonito en aceite	4.057	15.301	31.38	180	11.73	34.575	30.72	26.00	52.00	77.35
Boquerón en vinagre	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Gulas, surimi	1.128	11.393	0.00	33	2.19	51.445	58.56	22.00	50.00	211.28
Pate de pescado	0.130	2.044	0.00	7	0.48	26.341	13.52	25.74	34.45	48.00
Pescado ahumado	0.122	1.861	0.00	7	0.50	24.165	10.91	25.00	26.59	40.00
Sardinas en conserva	0.198	3.725	0.00	5	0.33	59.976	27.60	48.96	90.91	100.00
<b>6. MARISCO</b>	7.171	26.720	47.00	206	13.46	53.240	53.46	34.67	68.69	150.00
<b>6.1 CRUSTACEOS</b>	1.649	8.545	11.80	119	7.77	21.197	22.98	12.26	23.98	72.93
Carabinero, Gambas, Langostinos	1.649	8.545	11.80	119	7.77	21.197	22.98	12.26	23.98	72.93
<b>6.2 MOLUSCOS</b>	5.361	24.227	29.04	165	10.79	49.652	57.03	28.62	68.83	150.00
Almejas y similares	0.144	1.474	0.00	17	1.12	12.774	5.73	12.00	20.00	20.00
Calamar	3.017	18.720	13.00	121	7.92	38.101	55.79	17.81	41.20	106.32
Mejillones	0.628	4.167	0.00	75	4.93	12.733	14.15	8.20	11.23	42.00
Pulpo	0.663	8.948	0.00	11	0.73	90.714	55.23	100.00	150.00	150.00
Sepia / jibia / choco	0.909	10.767	0.00	17	1.11	81.441	63.68	65.15	120.00	240.00
<b>6.3 MARISCO PROCESADO</b>	0.161	2.554	0.00	7	0.48	33.302	16.73	31.50	52.53	53.00
Almejas y similares en conserva al natural	0.103	1.698	0.00	6	0.40	25.224	9.37	31.50	31.50	31.50
Mejillones en escabeche	0.059	1.592	0.00	2	0.16	37.000	22.63	37.00	53.00	53.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>7. FRUTA Y DERIVADOS</b>	168.874	160.757	486.04	1,181	77.04	219.181	150.04	176.00	290.00	528.00

<b>7.1 FRUTA FRESCA</b>	163.770	159.572	474.13	1,133	73.88	221.658	147.07	180.00	289.00	528.00
Aguacate	0.135	2.268	0.00	9	0.63	21.285	20.05	11.95	31.59	65.00
Albaricoque	1.139	15.245	0.00	9	0.64	176.273	75.09	172.06	259.44	276.00
Caqui	1.561	18.874	0.00	13	0.89	173.548	102.41	196.00	196.00	392.00
Ciruela	1.906	16.341	0.00	24	1.62	117.509	54.63	102.00	149.50	255.00
Fresa, fresón	11.341	42.609	116.00	122	7.95	142.571	64.29	137.00	190.00	256.50
Frutos rojos	0.012	0.313	0.00	2	0.16	7.500	3.54	7.50	10.00	10.00
Granada	0.710	7.900	0.00	14	0.91	77.821	29.96	94.00	105.00	105.00
Kiwi	4.416	24.279	0.00	62	4.08	108.087	57.16	108.00	120.00	237.86
Limon	0.115	2.934	0.00	13	0.88	13.149	29.57	4.00	7.85	104.00
Mandarina	7.670	31.918	79.00	113	7.41	103.372	62.16	79.00	158.00	237.00
Mango	0.303	6.788	0.00	6	0.40	75.375	83.23	30.00	158.11	200.00
Manzana	35.102	76.842	197.51	334	21.78	161.117	82.47	168.00	168.00	336.00
Melocotón	6.512	38.874	0.00	53	3.46	188.175	98.16	176.00	220.00	390.77
Melon	6.440	34.307	0.00	74	4.84	133.000	86.96	120.00	180.00	300.00
Membrillo	0.150	3.184	0.00	5	0.32	46.243	35.42	33.19	83.34	100.00
Naranja	26.581	73.565	200.00	212	13.86	191.713	85.93	192.00	256.00	328.00
Nectarina, fresquilla	1.994	21.246	0.00	15	1.03	192.722	85.41	128.20	256.00	352.00
Níspero	1.379	17.488	0.00	11	0.71	192.567	80.35	186.00	277.43	310.00
Otras frutas	0.800	10.867	0.00	8	0.56	142.147	31.48	135.00	135.00	215.00
Papaya	0.092	1.825	0.00	5	0.32	28.395	16.83	27.01	46.00	50.00
Paraguaya	1.816	19.974	0.00	14	0.97	187.296	82.65	148.21	238.55	405.00
Pera	11.480	41.945	132.00	136	8.87	129.328	67.83	132.00	132.00	264.00
Picota, cereza	2.198	15.918	0.00	38	2.53	86.583	52.34	80.00	120.00	194.33
Piña	2.335	19.981	0.00	28	1.83	127.300	77.82	100.00	200.00	241.63
Plátano, banana	27.791	50.890	125.00	391	25.50	108.974	36.12	106.00	106.00	208.14
Sandia	7.057	33.540	78.00	80	5.26	134.110	66.18	104.00	156.00	300.00
Uvas	2.737	19.824	0.00	33	2.19	124.901	52.38	135.00	144.17	200.76

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>7.2 FRUTA PROCESADA</b>	5.104	17.456	32.00	219	14.32	35.635	32.29	24.00	40.00	105.00
Aceitunas	1.835	8.658	15.93	80	5.24	34.998	16.49	32.00	40.00	70.09
Aceitunas sin hueso	0.536	4.850	0.00	20	1.36	39.298	14.57	40.00	48.00	64.00
Compota	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Frutas Secas (dátil, Orejón, Uvas Pasas)	0.087	1.159	0.00	10	0.65	13.214	5.73	15.00	15.00	24.00
Macedonia de fruta en almíbar	0.303	7.809	0.00	3	0.24	123.000	117.91	102.00	250.00	250.00
Melocotón en almíbar	0.727	8.803	0.00	11	0.72	100.451	27.35	105.00	124.57	140.00
Mermelada de fresa	0.615	5.158	0.00	39	2.60	23.660	22.12	20.00	25.00	85.88
Mermelada de melocotón	0.336	3.173	0.00	22	1.44	23.165	13.17	20.00	30.00	60.00
Otras mermeladas	0.406	2.746	0.00	38	2.51	16.149	6.82	20.00	20.00	30.00
Piña en almíbar	0.259	5.383	0.00	5	0.32	80.028	56.55	74.84	139.86	150.00
<b>8. LACTEOS</b>	434.487	217.852	812.47	1,507	98.25	442.223	211.85	424.27	575.00	823.05
<b>8.1 LECHE</b>	291.684	197.430	650.00	1,327	86.56	336.959	172.53	274.20	450.00	650.00
Cuajada	0.316	6.447	0.00	3	0.24	131.667	5.77	135.00	135.00	135.00
Leche condensada	0.059	1.075	0.00	6	0.41	14.330	9.38	14.00	21.30	30.00
Leche de cabra	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Leche de vaca desnatada	38.578	118.339	300.00	196	12.79	301.449	173.98	250.00	400.00	600.00
Leche de vaca entera	126.515	191.464	527.93	650	42.38	298.507	187.49	250.00	400.00	650.00
Leche de vaca semidesnatada	119.934	186.353	500.00	566	36.90	325.014	165.66	250.00	400.00	650.00
Leche materna	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Leche sin lactosa	6.024	49.263	0.00	28	1.83	327.345	166.08	250.00	402.80	691.41
Nata sin montar	0.259	2.923	0.00	19	1.23	20.901	16.53	12.00	30.00	60.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>8.2 LACTEOS FERMENTADOS</b>	81.120	100.859	250.00	757	49.38	164.282	83.27	125.00	200.00	325.00
Kefir	0.155	5.576	0.00	1	0.07	200.000	0.00	200.00	200.00	200.00
Yogur desnatado	11.533	35.802	100.00	156	10.20	113.021	33.02	100.00	125.00	200.00
Yogur desnatado de sabores	3.260	22.277	0.00	35	2.28	142.288	43.78	125.00	125.00	250.00
Yogur entero	39.541	81.793	200.00	364	23.77	166.339	83.98	125.00	180.00	325.00
Yogur entero de sabores	26.630	59.852	125.00	292	19.03	139.882	54.53	125.00	125.00	250.00
<b>8.3 POSTRES LACTEOS</b>	41.890	78.060	200.00	468	30.51	137.267	82.93	130.00	200.00	300.00
Batidos	15.449	56.758	200.00	111	7.26	212.738	48.82	200.00	200.00	381.04
Flan y natillas	14.301	42.838	130.00	169	11.02	129.744	40.86	130.00	130.00	230.00
Helado de crema	10.505	33.928	100.00	178	11.64	90.251	51.97	90.00	109.00	200.00
Helado de yogur	0.232	4.281	0.00	5	0.33	69.998	28.51	61.89	99.54	109.00
Mousse de chocolate	0.058	2.081	0.00	1	0.07	75.000	0.00	75.00	75.00	75.00
Mousse de fresa	0.127	4.359	0.00	1	0.08	150.000	0.00	150.00	150.00	150.00
Mousse de limón	0.063	2.180	0.00	1	0.08	75.000	0.00	75.00	75.00	75.00
Mousse de yogur	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Nata montada	1.051	7.188	0.00	42	2.76	37.974	21.80	40.00	40.00	100.20
Postres Lácteos N.e.	0.105	3.624	0.00	1	0.08	125.000	0.00	125.00	125.00	125.00
<b>8.4 QUESO</b>	19.794	30.510	80.00	849	55.37	35.743	33.33	24.00	47.00	110.00
<b>8.4.1 QUESO SIN PROCESAR</b>	15.351	29.248	72.00	503	40.61	37.809	35.47	28.00	51.44	110.00
Queso azul, roquefort	0.146	2.040	0.00	9	0.64	22.620	12.24	16.00	28.54	50.00
Queso bajo en grasa	0.117	2.046	0.00	6	0.40	28.606	15.89	40.00	40.00	40.00
Queso brie, camembert	0.133	1.875	0.00	8	0.56	23.652	8.80	20.00	29.77	40.00
Queso cheddar	0.149	1.609	0.00	16	1.04	14.262	7.00	10.00	18.03	32.00
Queso Curado (tipo Manchego)	1.943	11.311	0.82	76	4.96	39.126	33.69	32.00	48.00	124.28
Queso emmenthal, gruyere	0.141	2.521	0.00	8	0.55	25.336	23.94	20.00	24.00	80.00
Queso fresco, requesón, mozzarella	4.829	19.682	40.00	129	8.44	57.192	40.03	55.00	70.00	130.16
Queso gouda	0.608	5.700	0.00	24	1.59	38.268	25.04	30.81	60.00	98.46
Queso havarti	0.415	4.177	0.00	23	1.51	27.437	20.75	20.00	40.00	89.39
Queso N.e.	0.614	4.014	0.00	73	4.78	12.828	13.51	10.00	20.00	44.83
Queso parmesano	1.872	6.069	12.46	223	14.59	12.824	10.60	10.68	16.02	37.01
Queso Semicurado (tipo Manchego)	3.370	14.051	24.00	122	7.97	42.246	28.94	40.00	48.00	109.97
Queso Tierno (tipo Manchego)	0.576	6.774	0.00	16	1.06	54.269	38.74	40.00	68.39	137.00
Queso tipo bola	0.440	4.082	0.00	20	1.35	32.481	14.05	29.67	40.00	60.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

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	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>8.4.2 QUESO PROCESADO</b>	4.442	11.443	24.00	265	21.38	20.755	16.54	20.00	22.62	40.00
Queso de untar	0.668	4.194	0.00	44	2.88	23.173	9.51	20.00	31.83	40.00
Queso lonchas, quesitos	3.775	10.760	20.00	286	18.67	20.210	16.98	18.00	20.00	40.00
<b>9. HUEVOS Y OVOPRODUCTOS</b>	24.257	39.771	106.00	752	49.03	49.465	44.49	44.00	62.01	124.00
Huevo de codorniz	0.036	0.713	0.00	5	0.32	11.160	6.47	10.00	18.01	20.00
Huevo de gallina	24.221	39.784	106.00	748	48.79	49.641	44.53	44.00	62.01	124.00
<b>10. GRASAS Y ACEITES</b>	19.152	14.211	45.60	1,407	91.77	20.868	13.57	18.23	27.76	46.79
Aceite de girasol	2.829	5.921	15.91	405	26.43	10.702	6.96	10.26	14.47	21.55
Aceite de oliva	14.416	13.086	40.16	1,236	80.58	17.890	12.26	15.61	24.39	42.81
Aceite de orujo	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Manteca	1.249	4.721	10.00	136	8.91	14.010	8.46	10.00	16.00	32.00
Mantequilla	0.004	0.131	0.00	1	0.08	4.500	0.00	4.50	4.50	4.50
Margarina	0.653	3.408	1.76	123	8.07	8.088	9.18	3.71	12.15	26.40
<b>11. SALSAS</b>	16.679	36.829	102.20	635	41.40	40.287	48.24	19.26	48.15	145.64
Bechamel (industrial)	0.148	2.303	0.00	8	0.56	26.287	16.98	30.00	44.82	45.00
Ketchup	0.674	2.903	6.00	121	7.94	8.486	6.33	6.00	12.00	24.00
Mayonesa	0.899	4.264	6.00	95	6.23	14.409	9.87	12.00	20.80	36.40
Mostaza	0.064	0.869	0.00	9	0.64	9.954	4.50	10.00	10.00	20.00
Otras salsas	0.237	1.971	0.00	30	2.01	11.786	7.65	9.00	15.77	29.40
Salsa barbacoa	0.145	2.062	0.00	11	0.71	20.123	14.42	21.00	21.00	56.00
Salsa de tomate	14.511	36.336	100.95	440	28.72	50.520	52.73	26.75	76.65	193.16

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>12. CONDIMENTOS</b>	1.349	3.327	8.10	394	25.69	5.249	4.76	4.00	6.30	11.50
Sal	1.042	2.947	6.30	336	21.94	4.746	4.69	3.00	6.30	11.25
Sal yodada	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Vinagre de vino	0.307	1.294	2.00	150	9.79	3.133	2.88	2.00	3.00	10.00
<b>13. BEBIDAS</b>	732.002	365.308	1,429.20	1,529	99.68	734.373	363.51	630.00	900.00	1,430.00
<b>13.1 ZUMOS DE FRUTAS Y VERDURAS</b>	125.606	178.774	427.07	656	42.79	293.488	159.36	200.00	400.00	600.00
Bebida de zumo de frutas y leche	18.520	89.572	200.00	81	5.32	347.615	191.16	330.00	330.00	840.89
Mosto/zumo de uva	0.462	12.404	0.00	2	0.15	300.000	141.42	300.00	400.00	400.00
Otros zumos	0.472	8.994	0.00	7	0.50	93.319	91.60	72.50	200.00	200.00
Zumo de fruta n.e.	15.592	68.718	200.00	95	6.20	251.294	130.41	200.00	272.11	400.00
Zumo de manzana	6.683	43.869	0.00	40	2.65	251.710	105.05	200.00	255.14	440.70
Zumo de melocotón	10.652	58.042	0.00	59	3.87	275.108	120.15	200.00	400.00	546.82
Zumo de naranja	38.476	92.008	200.00	261	17.05	225.579	86.15	200.00	200.00	400.00
Zumo de naranja sin azúcar	2.758	24.570	0.00	20	1.31	210.690	49.04	200.00	200.00	400.00
Zumo de piña	12.571	59.484	200.00	79	5.20	241.785	112.90	200.00	200.00	562.51
Zumo de varias frutas	19.421	79.331	200.00	112	7.32	265.079	144.60	200.00	323.65	600.00
<b>13.2 AGUA DE BEBIDA</b>	521.776	361.157	1,200.00	1,395	90.95	573.690	337.07	500.00	800.00	1,200.00
Agua del grifo	325.782	376.113	1,000.00	919	59.92	543.595	342.95	400.00	700.00	1,200.00
Agua mineral con gas embotellada	0.633	11.238	0.00	4	0.31	200.000	0.00	200.00	200.00	200.00
Agua mineral embotellada	195.362	311.946	800.00	590	38.51	507.216	307.35	400.00	600.00	1,100.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>13.3 REFRESCOS</b>										
Gaseosa	2.133	32.784	0.00	8	0.55	383.768	230.33	396.86	600.00	650.00
Refresco con zumo de frutas	6.676	42.723	0.00	41	2.71	245.977	92.50	200.00	300.00	412.14
Refresco de cola	22.546	87.693	200.00	120	7.83	287.617	148.27	200.00	330.00	600.00
Refresco de cola sin azúcar	9.128	58.495	0.00	47	3.07	297.352	162.00	200.00	400.00	725.31
Refresco de cola sin cafeína	6.140	43.172	0.00	33	2.18	280.944	90.92	300.00	400.00	400.00
Refresco de limón	3.411	32.952	0.00	19	1.25	270.484	120.71	200.00	378.72	600.00
Refresco de naranja	12.618	61.143	0.00	73	4.81	261.762	111.62	200.00	330.00	400.00
Refresco de té con sabores	2.008	24.790	0.00	11	0.72	277.818	95.77	200.00	400.00	400.00
Refresco N.e.	2.030	23.353	0.00	12	0.82	247.362	78.82	233.37	330.00	330.00
<b>13.4 BEBIDAS FUNCIONALES</b>										
	9.221	67.578	0.00	43	2.84	323.520	244.55	200.00	372.56	900.00
Bebida isotónica	9.221	67.578	0.00	43	2.84	323.520	244.55	200.00	372.56	900.00
<b>13.5 CAFE Y CHOCOLATE</b>										
	7.081	8.545	20.00	926	60.38	11.726	8.15	10.00	15.00	25.33
Cacao soluble	6.812	8.493	20.00	886	57.75	11.795	8.13	10.00	15.00	27.13
Cacao soluble light	0.077	0.959	0.00	12	0.83	9.157	5.39	7.21	10.16	20.00
Café descafeinado soluble	0.102	1.108	0.00	18	1.18	8.544	5.74	5.00	10.00	20.00
Café soluble	0.090	1.334	0.00	15	1.00	8.990	10.19	5.00	10.00	40.00
<b>13.6 BEBIDAS DE CAFE Y CHOCOLATE</b>										
	1.593	14.386	0.00	51	3.33	47.826	63.85	29.06	52.53	200.00
Cafe liquido	0.690	8.367	0.00	32	2.10	32.729	48.39	10.00	40.00	162.46
Chocolate taza liquido	0.903	11.755	0.00	18	1.22	73.858	78.97	30.00	200.00	200.00
<b>13.7 PLANTAS PARA INFUSIONES</b>										
	0.036	0.392	0.00	17	1.14	3.103	2.02	2.00	4.00	8.00
Manzanilla para infusion	0.008	0.129	0.00	6	0.41	2.000	0.00	2.00	2.00	2.00
Otras plantas para infusion	0.010	0.163	0.00	6	0.41	2.414	0.88	2.00	2.95	4.00
Te para infusion	0.018	0.266	0.00	8	0.58	3.023	1.90	2.00	4.00	7.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>14. PRODUCTOS DULCES</b>	9.481	20.528	42.00	671	43.76	21.663	26.45	14.00	28.00	59.58
<b>14.1 AZUCAR</b>	3.091	7.413	14.00	455	29.66	10.417	10.44	7.00	14.00	28.60
Azúcar blanca	2.299	6.312	14.00	387	25.22	9.113	9.80	7.00	14.00	21.00
Azúcar moreno	0.232	2.474	0.00	19	1.29	17.961	12.74	12.59	28.00	42.00
Fructosa	0.022	0.550	0.00	2	0.15	14.000	0.00	14.00	14.00	14.00
Miel	0.537	3.356	0.00	57	3.71	14.468	10.17	10.00	20.00	40.00
<b>14.2 CHOCOLATE Y DERIVADOS</b>	4.348	14.010	30.00	239	15.63	27.804	24.59	20.00	32.29	60.00
Barrita de chocolate	0.609	4.570	0.00	29	1.93	31.498	10.52	23.00	44.55	45.00
Bombones	0.375	6.306	0.00	13	0.86	43.513	54.46	20.00	50.00	150.00
Chocolate blanco	0.045	0.838	0.00	4	0.31	14.385	5.02	13.79	19.38	20.00
Chocolate con leche	0.843	5.070	0.00	63	4.11	20.497	15.00	15.00	25.00	51.71
Chocolate con leche y almendras	0.109	1.922	0.00	6	0.40	26.684	15.33	30.00	39.73	48.00
Chocolate negro	0.201	2.344	0.00	17	1.12	17.897	13.48	10.00	30.00	50.00
Crema de chocolate	2.166	10.318	20.00	118	7.70	28.105	25.63	20.00	30.00	100.00
<b>14.3 OTROS PRODUCTOS AZUCARADOS</b>	2.043	13.027	12.90	106	6.93	29.440	40.66	20.00	22.00	143.40
Gelatina postre	0.433	3.615	0.00	25	1.66	25.949	11.18	21.00	21.00	59.85
Golosinas, chucherías	0.719	4.469	0.00	63	4.13	17.378	14.00	15.00	20.00	58.32
Mazapán	0.015	0.555	0.00	1	0.07	20.000	0.00	20.00	20.00	20.00
Sirope	0.064	0.981	0.00	7	0.47	13.391	5.09	10.00	20.00	20.00
Sorbete, granizado, polo	0.748	11.615	0.00	7	0.48	152.020	71.34	200.00	200.00	200.00
Turrón	0.064	1.770	0.00	2	0.16	40.000	28.28	40.00	60.00	60.00



## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>15. ALIMENTOS PARA JOVENES</b>	10.554	54.204	0.00	74	4.86	216.892	125.68	200.00	300.00	444.33
<b>15.1 LECHE DE INICIO</b>	0.169	5.813	0.00	1	0.08	200.000	0.00	200.00	200.00	200.00
Leche De Inicio	0.169	5.813	0.00	1	0.08	200.000	0.00	200.00	200.00	200.00
<b>15.2 LECHE DE CONTINUACION</b>	0.774	14.717	0.00	4	0.30	250.238	97.63	200.00	351.13	400.00
Leche con fruta y cereales	0.155	5.576	0.00	1	0.07	200.000	0.00	200.00	200.00	200.00
Leche De Continuación/crecimiento	0.619	13.627	0.00	3	0.23	266.667	115.47	200.00	400.00	400.00
Leche De Continuación/crecimiento Proteínas Hidrolizadas	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Leche De Continuación/crecimiento Sin Lactosa	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
<b>15.3 POTITOS, PAPILLAS LISTOS PARA COMER</b>	0.555	10.095	0.00	13	0.88	63.018	90.75	20.00	52.03	250.00
Otros potitos	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Papilla de cereales	0.151	2.257	0.00	9	0.63	23.597	16.35	17.77	40.54	52.50
Papilla de cereales sin gluten	0.017	0.581	0.00	1	0.08	20.000	0.00	20.00	20.00	20.00
Papilla de fruta	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Potito de frutas	0.387	9.829	0.00	2	0.15	250.000	0.00	250.00	250.00	250.00
Potito de frutas con cereales	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Potito de frutas con galletas	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Potito de pescado	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Potito de pollo	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
Potito de ternera	0.000	0.000	0.00	0	0.00	0.000	0.00	0.00	0.00	0.00
<b>15.4 ANALOGOS DE LOS LACTEOS</b>	9.056	48.802	0.00	57	3.74	241.742	86.10	250.00	300.00	400.00
Horchata	0.889	14.488	0.00	5	0.38	229.981	43.82	200.00	272.45	300.00
Leche de almendras	0.346	8.879	0.00	2	0.15	225.000	35.36	225.00	250.00	250.00
Leche de arroz	0.387	9.829	0.00	2	0.15	250.000	0.00	250.00	250.00	250.00
Leche de avena	1.306	18.874	0.00	7	0.48	265.613	50.11	250.00	302.24	350.00
Leche, bebida de soja	5.510	38.506	0.00	35	2.30	238.969	93.38	200.00	300.00	447.73
Tofu	0.373	6.743	0.00	6	0.39	93.007	57.04	120.00	140.37	160.00
Yogur de soja	0.245	5.957	0.00	2	0.16	145.000	0.00	145.00	145.00	145.00

## Consumo gramos/día (Base: Población Infantil de 10 - 17 años)

	Total Población			Solo Consumidores						
	Media	DE	Percentil 95	N	%	Media	DE	50	Percentiles 75	95
<b>16. ALIMENTOS COMPLEJOS</b>	4.978	19.494	30.21	212	13.86	35.890	40.45	24.91	40.00	102.41
<b>16.1 SNACKS SALADOS</b>	3.904	13.359	29.59	200	13.07	29.874	24.33	23.33	40.00	80.00
Aperitivos De Maíz, Trigo	1.639	8.396	10.00	91	5.93	27.615	21.79	18.85	30.76	90.00
Aperitivos De Patata	2.265	10.138	20.00	123	8.01	28.239	23.49	20.00	40.00	72.45
<b>16.2 PLATOS PREPARADOS</b>	1.074	14.488	0.00	12	0.80	134.059	95.43	150.00	200.00	300.00
Cremas y sopas de sobre	0.764	11.536	0.00	9	0.64	118.290	86.35	150.00	200.00	200.00
Rollito de primavera	0.310	6.819	0.00	3	0.23	133.333	57.74	100.00	200.00	200.00
<b>17. PRODUCTOS PARA DIETAS NO ESTANDAR, SUCEDANEOS Y SUPLEMENTOS O AGENTES</b>	0.053	1.078	0.00	3	0.24	22.000	1.73	23.00	23.00	23.00
Barritas energéticas	0.053	1.078	0.00	3	0.24	22.000	1.73	23.00	23.00	23.00
<b>18. OTROS INGREDIENTES</b>	0.004	0.078	0.00	3	0.25	1.500	0.50	1.50	2.00	2.00
Edulcorante Artificial N.e.	0.004	0.078	0.00	3	0.25	1.500	0.50	1.50	2.00	2.00